

I recommend Janice Nadeau.

I've referred a lot of people to Janice: women, men, couples and even a 25 year old male. Janice is professional, kind, warm hearted and skillful. She is also good (even with men) because she zeros in on topics a person is passionate about and creates analogies that are aligned with someone's interest. She stands by clients as they wrestle with an issue until it unfolds for understanding, the way that person wants to embrace it.

Janice was a nurse in a "prior life," so has great insight when someone is dealing with a medical condition. One of Janice's specialties is that she really understands loss. She had a daughter who was very ill who passed away (as an adult) and her husband passed away from a stroke. Janice is a Fellow in Thanatology (the study of death, dying and bereavement) and has a lot to offer in the way of understanding and embracing life's losses.